



Mid Norfolk Mencap wish to pay tribute to Mr. Cliff Jordan, the former leader of Norfolk County Council. The councillor died on Saturday 9th June 2018 aged 73 years after losing his battle with lung cancer.

Cliff was a local man, born and bred in Norfolk, living near Dereham for the majority of his life. He enjoyed family life and in his early years was a self-employed business man, but wished to pursue a career in politics when feeling that he could make a 'difference' working in the public sector on behalf of local residents.

He became a councillor for Norfolk County Council in 1991. Cliff earned a reputation over his years as a councillor as being a fair man with a big heart, being dedicated to everything he did and trying his utmost to promote the good around us.

Cliff worked diligently, devoting his time on behalf of local residents, always wanting to drive things forward and getting the council finances on good footing. In 2015, Cliff was elected Leader of the County Conservative Group.

Cliff attended our Annual General Meeting in 2016 as guest speaker, talking on the Norfolk County Council policy which provides care and support for people with learning difficulties. During his speaking and questioning time at the AGM, Cliff spoke on how he saw Norfolk County Council continuing to support and protect people with learning disabilities in the future and what implications there might be for the Adult Social Care sector over the following three to four years. Cliff was a mind of information and did his utmost to answer the many questions on the night posed from the members present.

After nearly 30 years serving his community, Cliff stepped down from his role as council leader in May 2018 due to illness.

And finally an Eulogy from our Chairperson

It was with great sadness that we heard of the death of Cllr Cliff Jordan. Mr Jordan was a great listener and when we went to see him regarding Adult Learning Disability Services, he promised to help in any way he could under the current financial circumstances. Mr Jordan was a charismatic and often outspoken character who will be greatly missed.

Pat Grout Chairperson

NEWS AND EVENTS

We are planning to run a fundraising stall on the 22nd July at the Dereham Carnival. We **desperately** need your donations for the prize Tombola section. If you think you could help with a donation, please could these be brought into the office at 1a Tavern Lane no later than Friday 13th July. Thank you.



Mid Norfolk Mencap BBQ

To raise funds for our
Sensory Room Project
and
Resources

Saturday 7th July 2018 6pm - 9pm
At 'Netherley' beside Thorncroft Clematis Nursery
Reymerston NR9 4QG

Soft Drinks Bar
Tea & Coffee available
for a small donation

Bring your own alcohol
Glasses Provided

Adults £8. Children under 12 £4.
Ticket only event

Tickets available in person from Mid Norfolk Mencap
1a Tavern Lane Dereham
Norfolk NR19 1PX

Norfolk Learning
Disability Services
Southern Locality Group Meeting
1st November 2018
10.30am-1.00pm



The Annexe,
Watton Sports Centre
118 Dereham Road
Watton, IP25 6HA



Norfolk Learning
Disability Services
Northern Locality Group
TBC

Meeting 10.00am start
**Note: Change of meeting
venue- Now at
Youngs Park, Woodgate
Way, Aylsham
NR11 6UJ**

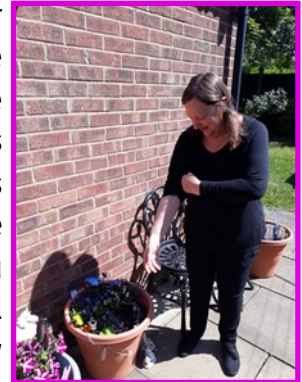


To keep you in the loop (excuse the pun), our Just Giving page is up and running. With your donations, our plans for a sensory room at Tavern Lane can become a reality.

To donate go to:- www.justgiving.com/mid-norfolkmencaap
 or for further information browse our website:-www.midnorfolkmencaap.org.



Merle Boddy House have been having their own Chelsea Flower Show Moment these past few months with a fun, competitive 'Flowerpot' competition. As the residents were spending more time outdoors as summer approaches, they noticed in late April that the flower pots in the garden area looked sorry for themselves and needed some tender loving care with some new plants.



So the residents worked together to put their thoughts into action, and firstly wrote up a chart in the house involving all the staff. Each resident chose which member of staff they would like to help them with their flower pot design. It was also decided that the competition was also to take into account the 'Quirkiness of the flowerpot theme'. Everyone at the house enjoyed thinking up a theme for their pots and watching their flowers grow.

The residents further decided that they would also have just like the Chelsea Flower show, Gold Silver and Bronze awards and certificates for the three best pots.

The winners were Richard with his seaside theme, 2nd was Linda with her Dr. Who scene and William 3rd, with his 'plonk' theme, however, all residents and staff agree that everybody was a winner and the garden is 'Blooming Lovely'

We now have our Breckland Lottery page up and running. Support local causes and win prizes of up to £25,000.

50% of all tickets sold from our page go to us, plus 10% goes to other good causes in Breckland.

Tickets only cost £1 per week.

To start supporting, visit:-



ourbreckland
 lottery

Support local good causes
 win up to £25,000!





We have two exciting posts opening within our dedicated staff team, who support and encourage people with varying degrees of learning disabilities, to live the life they choose with independence and equality. Our residential home is very close to the busy market town of Dereham.

You may or may not be experienced, but we can offer a supportive journey through career progression, via induction, regular supervisions, learning and development with recognition of you as an individual.

1 x weekend only permanent post of 16 hours, working every other weekend am/pm

1 x permanent post of 16 hours per week, working alternative weekends as per a rota basis, which is flexible to the needs of the service

We are committed to the safeguarding and protection of vulnerable adults, and your required DBS costs will be met by the organisation, along with all training costs.

Rate of pay: £7.84 per hour.

To request an application pack, please contact Lorna or Anya on 01362 693013.

Please be assured that we will contact you with any decisions made on your application.



TESCO Bags of Help



Just to keep you updated on the Tesco Bags for Help Scheme, we appear to be doing very well, with many blue tokens being seen popped into the Mid Norfolk Mencap section of the voting booth in May and June by all our supporters. We were noted to be in the lead each time before the box was emptied and counted during the voting months.

We look forward to informing you with the result in next months edition, as we are very keen to hear the outcome and also thrilled that the amount of money we will be awarded from Tesco, can only enhance our funding for the Wellbeing and Sensory room.



We wish to say a humongous *'Thank You'* to everyone who has supported us and popped many a blue token into the voting booth on our behalf.

Keep an eye out for the result next month., it can't come soon enough.



A wonderful montage of pictures showing the activities of our members last month, even down to celebrating the Royal Wedding of the Duke and Duchess of Sussex at our Drop-In session.



Arts and Crafts Holiday



Summer 2018

For 1 week

Our Summer 2018 arts & crafts holiday club is for children with learning disabilities, aged between 6 –18. It will run on the following dates between 10am-4pm at 1a Tavern Lane, Dereham NR19 1PX

This Summer we will be running the holiday Club for 5 days in succession

Monday 30th & Tuesday 31st July, 1st, 2nd & 3rd of August inclusive only.

The cost per full day session is £10.00 or you can book half day sessions for £5.00.

If you are interested in attending, please call Anya or Lorna on

01362 693013 or email info



Volunteers Needed!



Do you have a few spare hours a week? Do you get bored at looking at four walls? Ever thought of becoming a volunteer? We are always pleased to see people coming forward to help volunteer in the various clubs and Drop-in sessions we run or as Trustee members. We also run a Playscheme and urgently need volunteers for this Arts and Crafts club this summer. This will run for 1 week from Monday 30th July to Friday 3rd August.

The rewards of becoming a volunteer are non-ending. Everyone has a talent, use yours to help people with learning disabilities. You will be amazed at the feel good factor you will experience and the gratitude shown from our members.

We are **always** on the lookout for Volunteers.

If you are interested in volunteering, then please contact Anya or Lorna at the Mid Norfolk Mencap Office on 01362 693013.

CALLING ALL VOLUNTEERS!



Saturday Clubs—July



Swaffham - 7th July - Preparing and enjoying a BBQ

Dereham - 21st July- Enjoying a Picnic



Saturday Clubs run from 10.00am to 4.00pm and are £8 per session. They are held at Sacred Heart School in Swaffham and at the Mid Norfolk Mencap Office on Tavern Lane, Dereham.



Musical Keys Interactive Music Sessions



These music sessions run by Musical Keys are for adults with a learning disability and are held at the Mid Norfolk Mencap Office on Tavern Lane, Dereham.

Sessions will run every Wednesday from 1pm– 3pm and will cost £18 per session.



If you would like to attend the music sessions please contact Ed Maxfield on 01603 766690



Family Carer Meetings



The next Family Carers meeting is on



Wednesday 11th July 2018

Please join us between 10.30am—12.30pm at Dereham Memorial Hall, we welcome new faces! We ask for a £2 donation to cover the cost of refreshments and room hire.

Please note that all meeting dates for 2018 can be found on our website: www.midnorfolk Mencap.org

If you would like any details on anything seen in this leaflet. Please contact Mid Norfolk Mencap, 1a Tavern Lane, Dereham Norfolk, NR19 1PX.
Telephone : 01362 693013 Email: info@midnorfolk Mencap.org
Website: www.midnorfolk Mencap.org

Drop In's

Dereham

**Tuesdays and Fridays
10.00am—2.00pm**

**1a Tavern lane,
Dereham
NR19 1PX
£4.00 entry fee**

Cromer

**Thursdays
1.00pm—4.00pm**

**Merchants Place
16 Church Street
Cromer, NR27 9ES
£5.00 entry fee**



Gateway Club

**4th July – Elvis
11th July —Wells Next –The-Sea
18th July — Disco
25th July — Summer show at Melsop
Farm**

**Dereham Community Hub
Independence Matters, Rash's Green,
Dereham
7.00—9.00pm**

£1 Entry Fee



Stepping Out Club

**2nd July—American Themed Biscuits
9th July– No meeting
16th July—Visit from Back to Back
23rd July—Games and Boccia
30th July—BBQ at Millwright Arms**

**Meeting held at Church House
Church Street, Dereham
7.30—9.00pm**

£1 Entry Fee

